

Position title	Youth Mental Health Clinician	Reference	hsK: Primary
Award & Classification	Award: HPSS Award Level: 3	Reporting to	Senior Clinician
Location	Katherine	Cost Centre	3403
Section	headspace Katherine	Program	headspace Katherine
Approved	Executive Manager Mental Health	Date	27 March 2019

Agency Statement

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. Our values of Integrity, Fairness, Respect, Community and Hope are demonstrated through our commitment to strength-based practice, cultural respect, child safety, social justice, community development and partnerships. We aim to make a sustainable difference in the lives of Territorians. Anglicare NT is an agency of the Anglican Church of the NT, formed to respond to the social needs of our diverse communities. We are a member of the Anglicare Australia network.

Purpose of the Position

You will be responsible for providing early intervention clinical assessments and therapeutic interventions for young people with mild to moderate mental health issues and their families accessing headspace Katherine. The position is located with the headspace Katherine team and will deliver youth friendly, family inclusive, culturally appropriate services to young people aged 12-25. The role will provide professional and effective therapeutic interventions and support services to young people and their families according to best practice standards. The position will complete tasks and assessments associated with new client intake and will provide clear referral pathways for young people to access internal and external services and maintain current data standards and clinical records in a timely and professional manner. The Youth Mental Health Clinician will support the work of other teams as necessary and deliver community awareness, information sessions and group work as required when it relates to youth mental health issues. The Youth Mental Health Clinician will participate in clinical supervision and consultation and will work well in a multidisciplinary team.

You will uphold the values of Anglicare NT and provide quality services within the scope of the position and associated delegations.

Selection Criteria

Position specific requirements

1. The minimum qualification required is an approved tertiary qualification and minimum 1 year experience in a health related discipline and registration with the relevant regulatory body such as AHPRA or membership of and adherence to professional standards, for example AASW for social workers. If you do not currently have a qualification you must be willing to undertake relevant studies.
2. Experience in working with young people within a mental health or youth services setting and a clinical multidisciplinary framework.
3. Prior experience or at a minimum demonstrated commitment to working respectfully with Indigenous and culturally and linguistically diverse clients, communities, staff and Aboriginal Controlled Organisations.

4. Demonstrated ability to perform individual client work by working holistically with young people utilising evidence-based practices, therapeutic interventions and assessments.
5. A passion for youth mental health with a keen interest in improving service access and cultural safety and a demonstrated ability to work in a culturally safe, inclusive and youth friendly manner with young people and their families.

General Requirements

1. Demonstrated commitment to working respectfully with Indigenous and culturally and linguistically diverse clients, communities and staff.
2. Demonstrated capacity and willingness to adhere to legislation, Anglicare NT policies and procedures and a commitment to EEO, WHS, risk management and quality improvement practices.
3. Northern Territory Working with Children Clearance (Ochre Card).
4. National Police Criminal History Report (less than three months old) with acceptable outcome.
5. Northern Territory Driver's Licence.
6. First Aid Certificate (or willingness to obtain if required).

Key Accountabilities and Responsibilities

1. Clinical Practice

- Provide evidence based therapeutic intervention and assessment, including mental state, risk assessment and safety planning.
- Conduct client focused biopsychosocial assessments with young people utilising a range of assessment tools including the HEADSS assessment tool to ensure that young people have access to appropriate services and responses to improve their mental health and wellbeing.
- Undertake the provision of individual client work, including intake, assessment, counselling, treatment and support to young people and their families accessing headspace Katherine services.
- Effectively record data in various electronic systems including MDS, electronic medical record and local data collection applications.
- Actively contribute in the multidisciplinary team (MDT) processes through participation in Team Meetings, MDT Meetings, Clinical Reviews and Supervision to maintain a professional collegial strengths based approach.
- Manage and escalate matters of clinical risk and actively work towards risk reduction strategies in consultation with the Clinical Manger, Centre Manager, Primary Team Operations Manager and the Clinical Director as required.
- Provide a youth friendly, family inclusive service to young people who are experiencing mild to moderate mental health problems or facilitate warm referrals to external community or health services.
- Participate in quality improvement activities, including conducting Single Session Family Consultations and group programs and assist with accreditation processes where required.
- Facilitate functional recovery group work (therapeutic, social and personal development) as required.
- Encourage continual cultural development and an openness to improving the cultural safety and appropriateness of clinical services for young Aboriginal and CALD people.
- Be open and flexible when working across clinical environments, including completing regular outreach to communities and work by applying a culturally safe and holistic approach.

2. Commitment to the Team Environment

- Actively participate in the development and maintenance of a healthy, supportive and positive team culture.
- Provide early intervention youth focused clinical interventions by utilising a range of therapeutic approaches based on evidence-based practice.
- Ensure that data collection and clinical documentation is completed and meet legal and professional requirements and minimum data set requirements of headspace National Office.
- Participate in clinical review meetings, and intake meetings and ensure you are meeting standards of service delivery as set out in the headspace Katherine Clinical Operations Manual.
- Prioritise personal self care and have ongoing awareness of potential complexities relating to multiple relationships that occur when working in a remote context.
- Actively participate in external clinical supervision and internal line management supervision and continuing professional development opportunities as required. Provide support/supervision to students on an as needs basis and within professional guidelines.
- Deliver group work, and community awareness activities as they relate to increasing mental health literacy and knowledge in relation to youth mental health.
- Ensure knowledge of referral options through the youth and mental health sectors is current.
- Assist other program areas within the headspace service to support the delivery of clinical services.
- Manage workload and work independently according to work load standards and work within a team environment, assisting other team members as needed and as appropriate within a multidisciplinary framework.

Other Duties and Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and / or by laws.
- Adhere to Anglicare NT delegations, policies and procedures and general conditions of employment.
- Model Code of Conduct by working cooperatively and effectively with clients, colleagues, management and external stakeholders.
- Comply with funding contracts, operational guidelines, budgets, approved work plans, data collection, reporting requirements and task directives.
- Comply with Anglicare NT's WHS requirements – remain vigilant about the potential for client / customer related behavioural risks and contribute to a safe working environment.
- Support organisational activities linked to Anglicare NT's Reconciliation Action Plan (RAP) including undertaking Aboriginal and Torres Strait Islander cultural competency training.
- Maintain confidential client, personnel and organisational information in line with legislative and organisational requirements.
- Work collaboratively with team members to address service improvement requirements resulting from client complaints, stakeholder feedback and / or internal or external evaluation processes.
- Keep up to date (read) with emails, staff meeting records, AngliShare (intranet) updates and maintain your knowledge of policy and procedures.
- Contribute to organisational planning and review days, promotional activities, key events and quality improvement and accreditation processes as required.
- Participate constructively in supervision, performance reviews, professional development and training as required.
- Maintain attendance, leave and higher duty records in accordance with Anglicare NT's procedures

and lodge within specified timeframes for each pay period.

- Other suitable duties as directed from time to time within skill set, knowledge and scope of practice.

Delegation of Authority

Expenditure, Operational / Administrative, Personnel, Management and Legal – as per current Delegation of Authority Schedule (endorsed by the Board and periodically updated).